

**DEPARTMENT OF PUBLIC HEALTH DENTISTRY AND  
ORAL MEDICINE & RADIOLOGY**

**INTERNATIONAL WOMEN'S DAY- 2022**

<b>Date : <u>08.03.2022</u></b>	<b>Venue : DEPARTMENT OF PUBLIC HEALTH DENTISTRY &amp; ORAL MEDICINE AND RADIOLOGY</b>
<b>Faculty : Dr.Jagannatha Dr.Christeffi Mabel</b>	<b>Organizer: F – BATCH</b>
<b>No .of students attended : 7</b>	<b>1. Lakshika sree 2. Lakshmi priya 3. Lalitha 4. Logesh ram 5. Madhu Bala 6. Maha srinithi 7. Meghana</b>



**Chettinad**

Dental College & Research Institute

**Department of Public Health Dentistry  
and  
Oral Medicine and Radiology**  
cordially invites you for  
**International Women's Day**  
**March 8<sup>th</sup> 2022**

**Itinerary**

- ❖ Welcome speech – 10:00 – 10:10 am
- ❖ Speech by our staff – 10:10 – 10:30 am  
Theme - "Being a woman, the struggle is real"
- ❖ Speech by our special guest (online)– Dr. U. Vijayabalu, HOD,  
Department of Psychology, Bhakthavatsalam Memorial college for  
women on the topic "Emotional Resilience". – 10:30 – 10:50am
- ❖ Talent hunt (Singing, poetry, pot painting, nail art, professional  
or bridal makeover)- 11:00 –11:40am
- ❖ Talk show -Theme - " Woman to woman - friend or a  
foe"-11:40am to 12:15 pm
- ❖ Fun Panrom (Memes) and Logo or Posters –  
Theme - " Freedom, it's yours to take – 12:15 to 12:30pm
- ❖ Games – 12.30 to 1:00pm
- ❖ Vote of thanks – 1:00 to 1:10pm

VENUE: DEPT OF  
PUBLIC HEALTH  
DENTISTRY

To empower women and to appreciate her uniqueness in various aspects of life, Chettinad Dental College And Research Institute has given a opportunity to department of Oral Medicine & Raadiology & department of Public health dentistry for celebrating women's day on march 8 th 2022. On this wonderful day, various activities were planned and conducted by our fellow students from both the departments and gave her a stage to portray strengths and beauty to the world.

- ❖ The appropriate social distancing norms were abided by . We followed the theme given by UN , '**BREAK THE BIAS**' and organized the events which falls under the theme.
- ❖ This year we the **F- BATCH** of 2016-2021 BDS involved ourselves with dedication and sincerity to organize this event in the department of Public Health Dentistry and invited **DR.VIJAYABANU, HOD DEPARTMENT OF PSYCHOLOGY,**

Bhakthavatsalam Memorial College for women to deliver her Lecture on  
**‘EMOTIONAL RESILIENCE’** to the students.

- ❖ There were various events that were conducted for the UG and PG students including on and off stage events. We are grateful for the opportunity of organizing and conducting this event by the department. The overall experience was new and exhilarating.

### **EVENT LIST:**

#### **❖ PARTICIPANTS**

1. BDS Students
2. MDS students from Department of Public Health Dentistry and Department of Oral Medicine and Radiology

#### **❖ ORGANISERS**

Interns – F batch

- ✓ Lakshika sree
- ✓ Lakshmi Priya
- ✓ Lalitha
- ✓ Logesh
- ✓ Madhubala
- ✓ Mahasrinithi
- ✓ Meghana

#### **ON STAGE EVENTS**

- ✓ Poetry (Theme – Pennin Parimanangal)
  - ✓ Singing
  - ✓ Speech
- ✓ Debate (women to women – friend or foe)

#### **OFF STAGE EVENTS**

- ✓ Makeover
- ✓ Nail art
- ✓ Logo / poster
- ✓ Memes

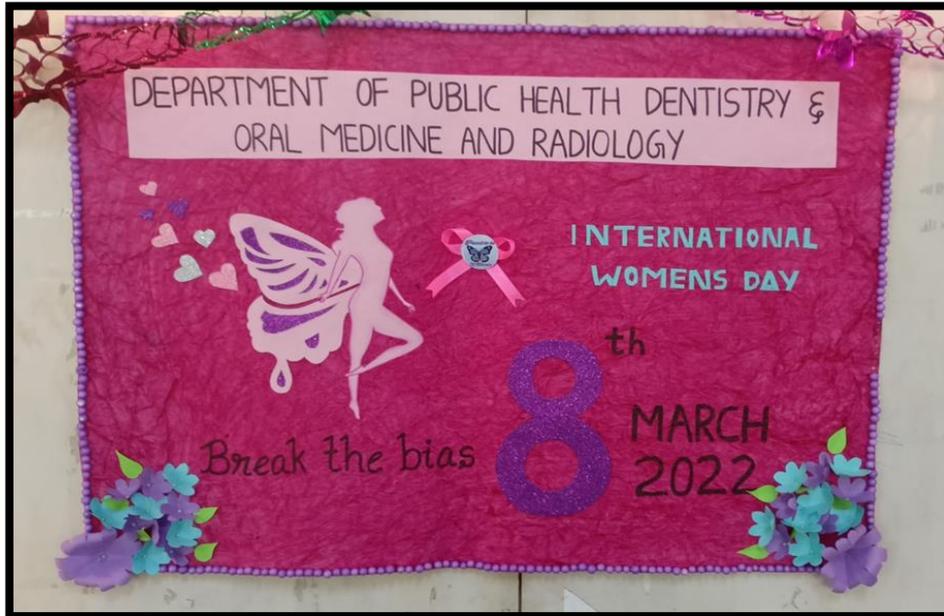
#### **SCHEDULE**

- 10.30 – 10.35 AM – Welcome speech by Madhubala
- 10.35 – 11.30 AM – Guest speech by Dr. Vijayabanu
- 12.00 – 12.20 PM – Discussion on **‘Breaking the gender stereotype’** with Dr. Christeffi
  - 12.20 – 1.00 PM – Makeover competition
    - 12.30 – 1.00PM– Poetry
    - – 1.30 PM – Singing
  - – 1.40 PM – Nail Art competition



- 1.30 – 2.00 PM - Speech
- 2.00 – 2.30 PM – Debate on the topic ‘women to women – friend or foe’
  - 2.30 – 2.45 PM – Cake cutting
  - 3.30 – 3.50 PM – Game – Connexions
  - 3.50 – 3.55 PM – Vote of thanks

**BANNER**



**BADGE**



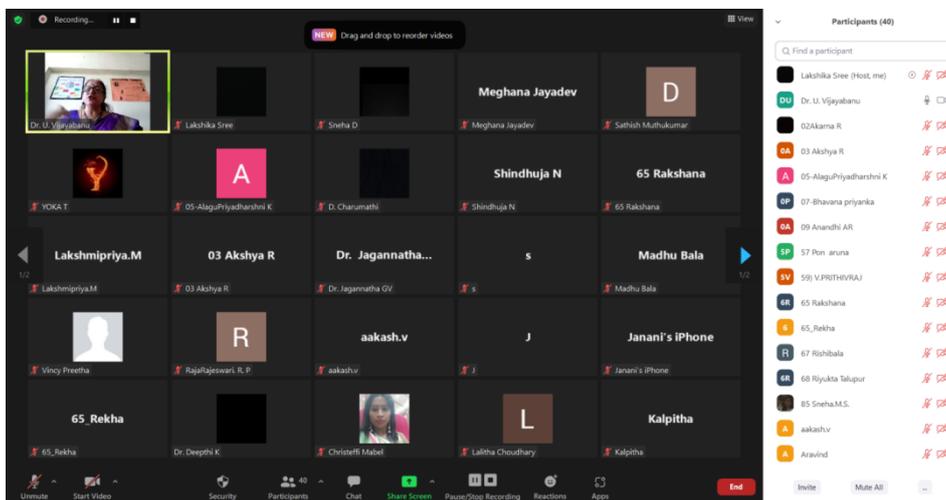
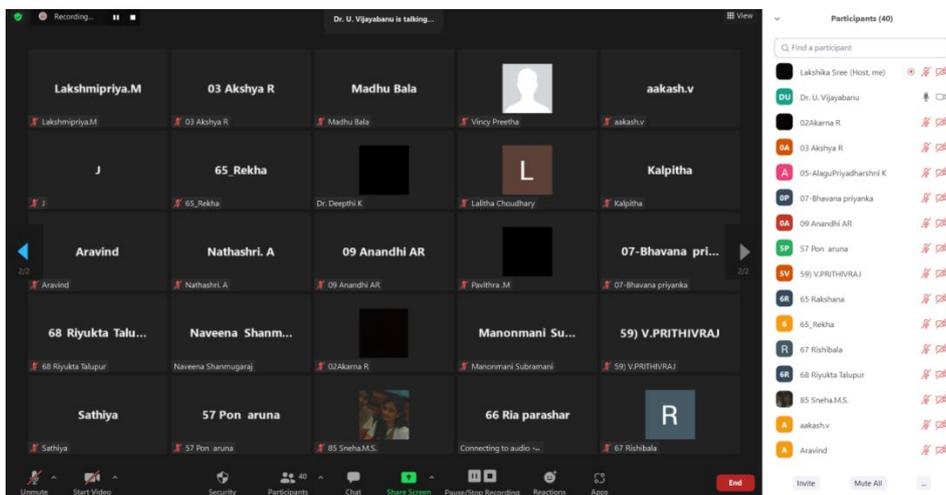
**WELCOME SPEECH:** The welcome speech was addressed by Lakshika Sree.K.V. who emphasized the significance of the day and introduced the events that are going to take place on this “INTERNATIONAL WOMEN’S DAY”.



## **GUEST SPEECH**

The guest speaker for the day **DR.VIJAYABANU, HOD DEPARTMENT OF PSYCHOLOGY**, Bhakthavatsalam Memorial College for women to deliver her Lecture on 'EMOTIONAL RESILIENCE' to the students.

**DR.VIJAYABANU**



## DISCUSSION

**TOPIC: BREAKING THE GENDER STEREOTYPE**



## ONLINE EVENTS

### 1. POETRY

**Total number of participants: 15**



**Judged by : Dr. Christeffi Mabel**

**WINNERS OF POETRY COMPETITION**

PG - Dr. Manonmani – OM

Dr. Nandhini – PHD

Final year –Rajarajeshwari

Third year – Vishnushree

Second year – Rithi

Intern – Sathya

## 2. SINGING

**Total number of participants: 6**

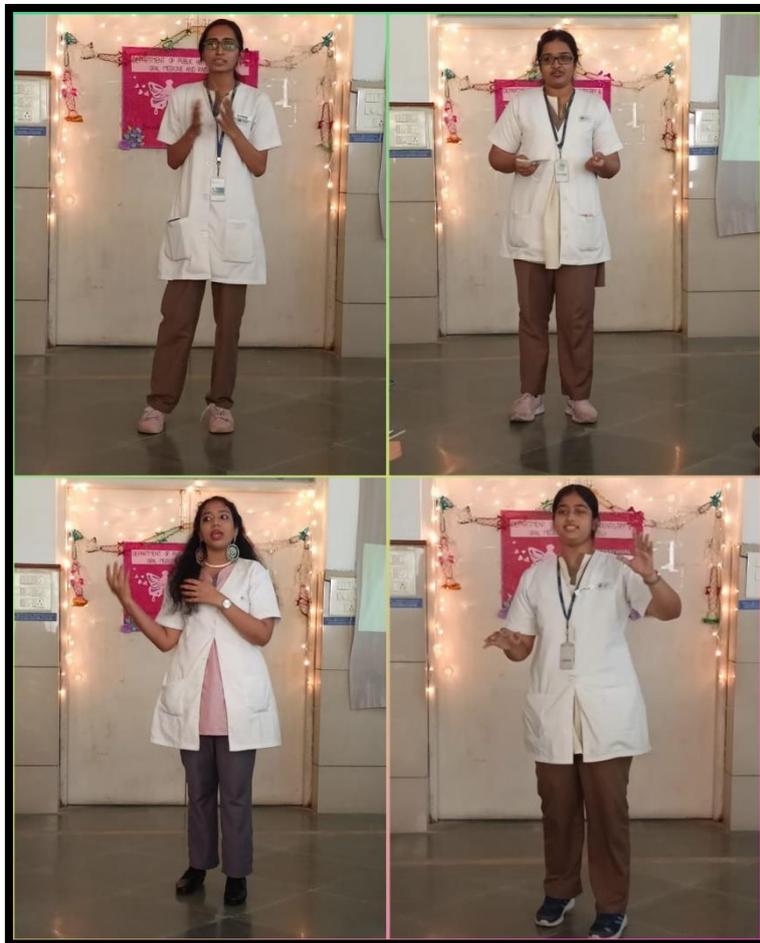
**Judged by : Dr. Christeffi Mabel**

### **WINNERS**

1. Hyma – final year
2. Bhavithra – OM PG
3. Madhubala - Intern

## 3. SPEECH

**TOPIC: PENNIN PARIMANANGAL**



**Judged by : Dr. Christeffi Mabel**

### **WINNERS OF SPEECH COMPETITION**

1. Akarna – final year
2. Ria – final year
3. Rithi – final year

**DEBATE**  
**TOPIC: WOMEN TO WOMEN- FRIEND OR FOE**



**Judged by : Dr. Jagannatha**

**BEST SPEAKERS**  
Dr. Vincy – PHD PG  
Dr. Akshaya – OM PG  
**OFFSTAGE EVENTS**

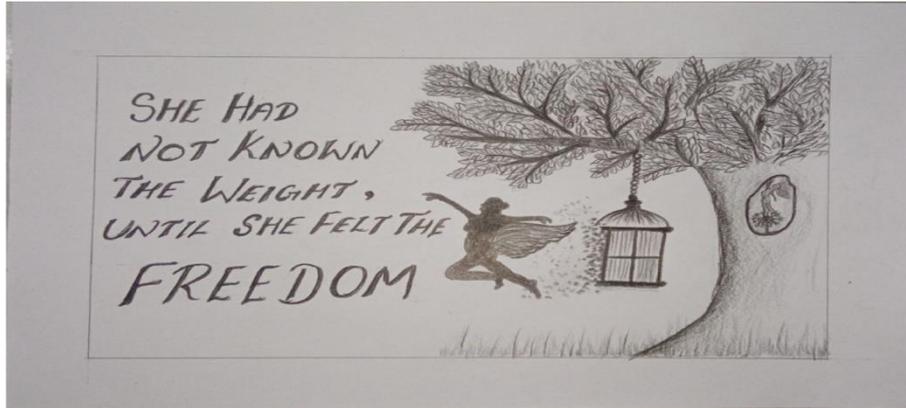
**1. POSTER(judged by Dr.Jagannatha)**

Total number of participants – 9

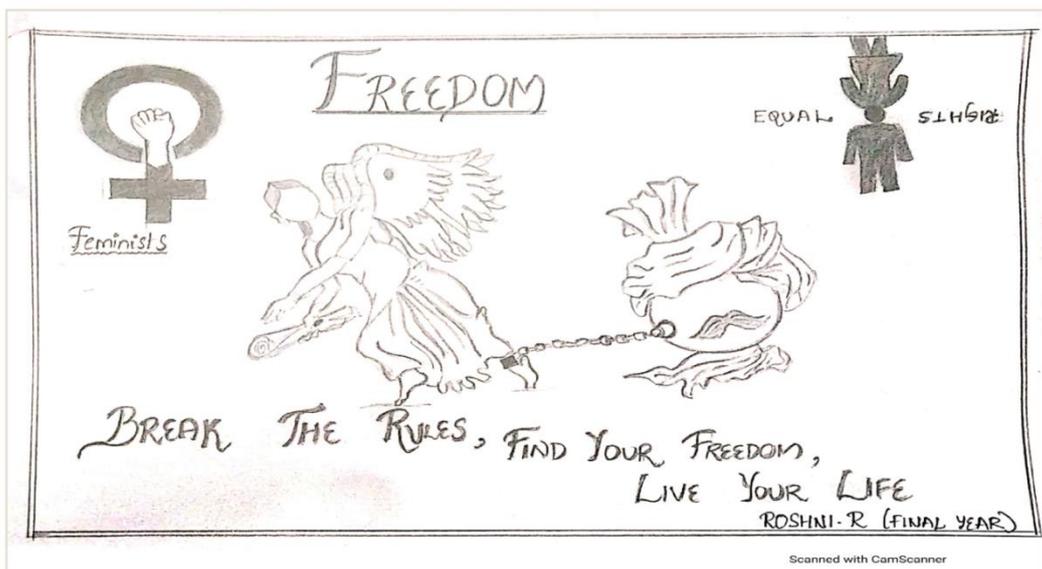
**Winner - 1**



**Winner – 2**



**Winner – 3**



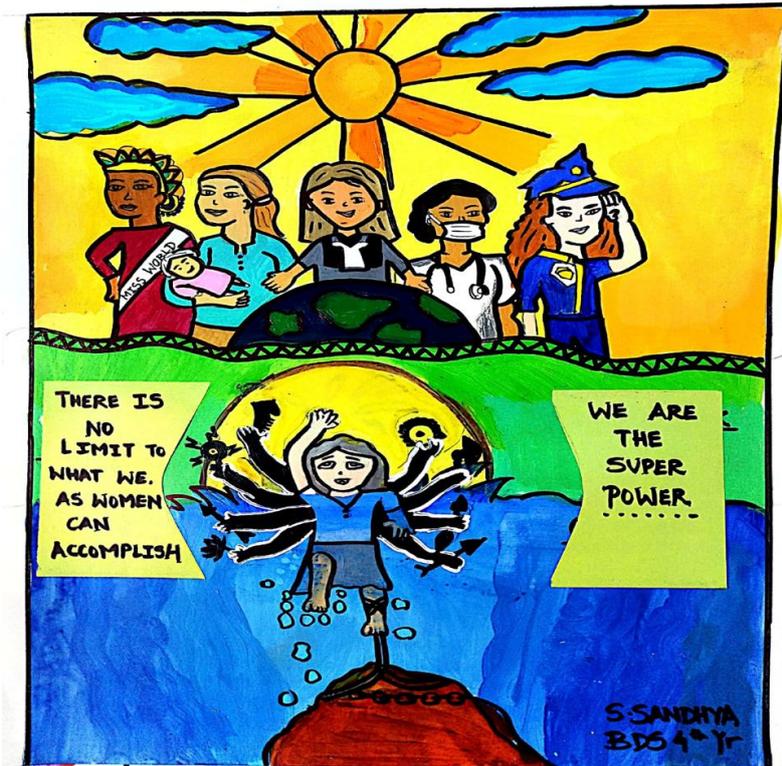
2. **LOGO** (judged by Dr. Jagannatha)

Total number of participants – 8

**Winner – 1**



Winner - 2



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Winner - 3



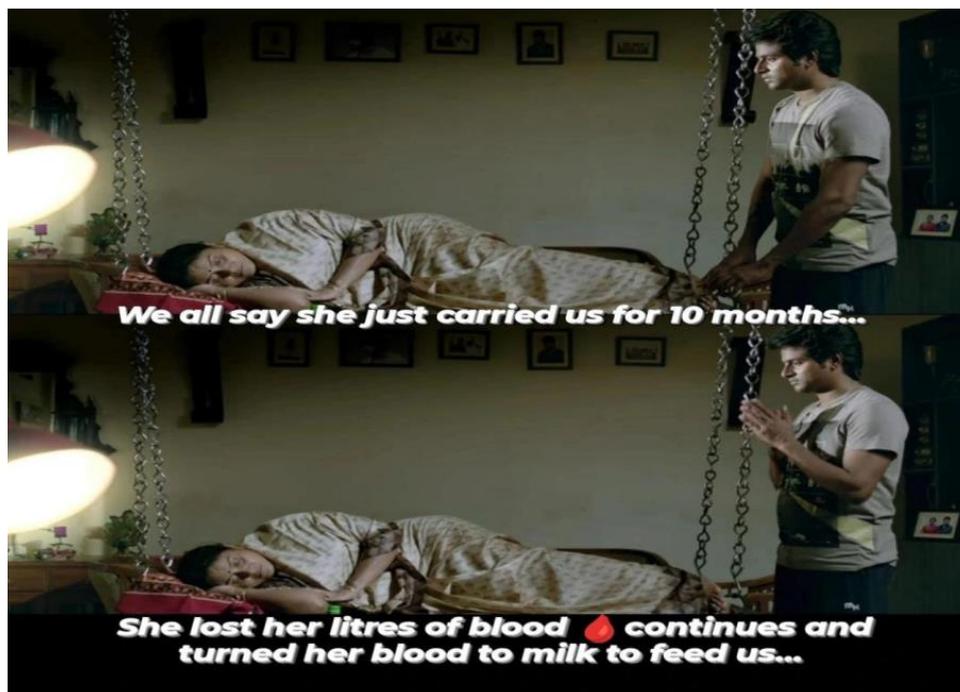
### 3. MEMES

Total number of participants – 12

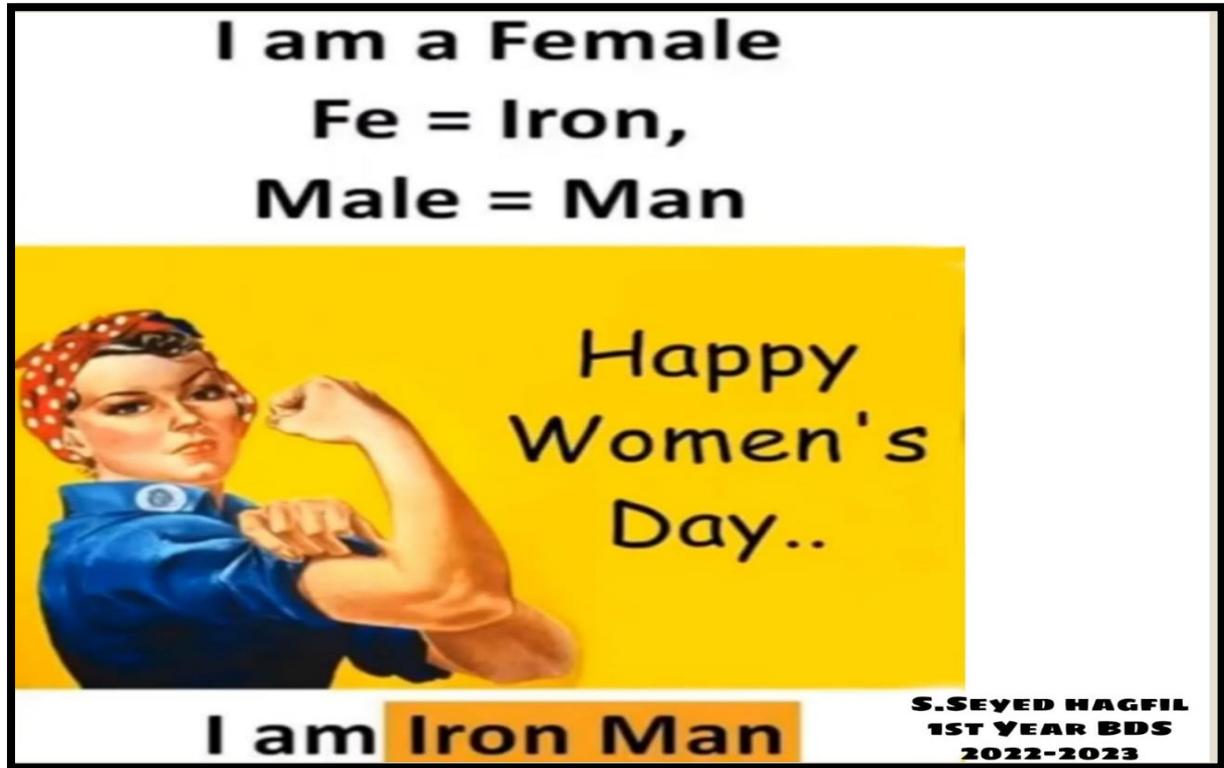
Winner - 1



Winner – 2



Winner – 3



#### 4. BRIDAL MAKEOVER

Judged by Dr.Kanmani

Total no.of participants: 5



**Winners of Makeover Competition:**

1. Rakshana, Shivani , Chandhini – Interns
2. Sowmya, Sophia, Archana – Interns
3. Afrith, Hema, Rithi – Third year

**5. NAIL ART**

**Total no.of participants:3**  
**Judged by: Dr. Christeffi Mabel**



**Winners of Nail art Competition:**

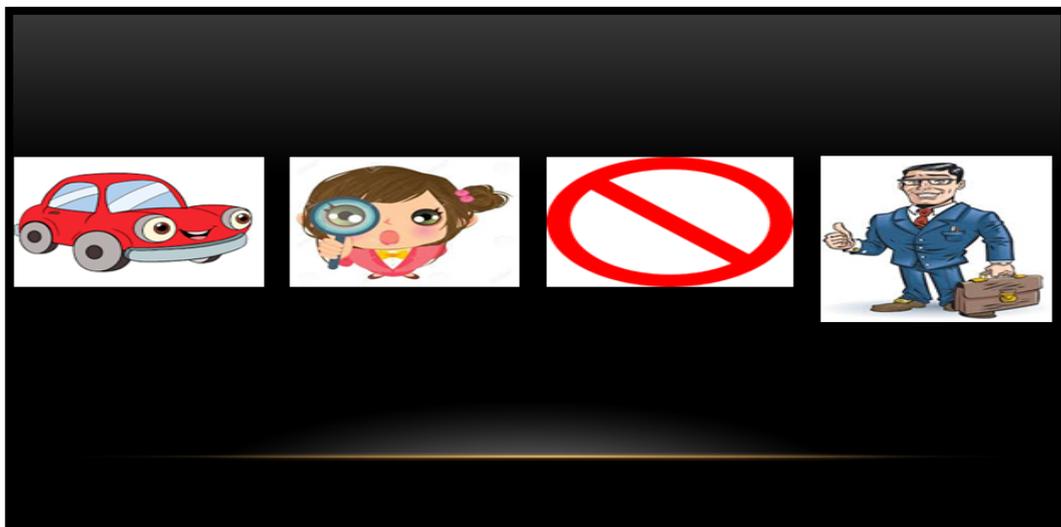
- 1.Thanushree, Vishnushree – third year
- 2.Trisha, Vaishnavi - final year
- 3.Surya, Rakshana – Interns

**GAMING SESSION**

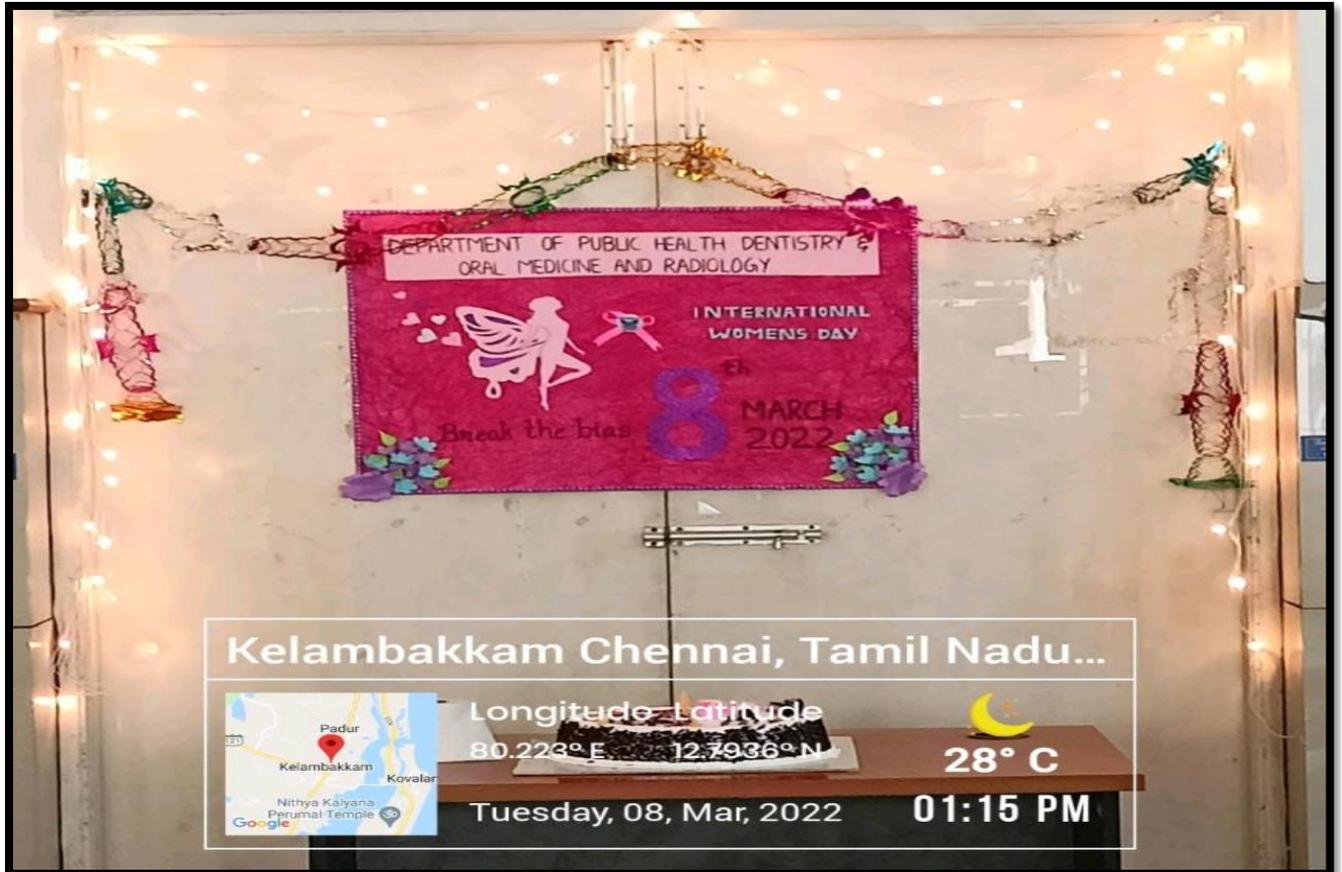
**CONNEXIONS:**

**PARTICIPANTS:**  
**TEAM A : PG**  
**TEAM B : FINAL YEARS**

**WINNERS: TEAM B [ FINAL YEARS]**



## CAKE CUTTING





### **VOTE OF THANKS:**

Lalitha intern stretched out her sincere appreciation to the staffs – DR. Jagannatha and DR. Christeffi mabel for supporting and motivating us to organize this event . Our juniors and fellow batchmates were also sincerely appreciated for their active involvement and participation in the onstage and offstage events. She also emphasized about conducting special events and keep up this tradition of conducting more and more events in the Department of PUBLIC HEALTH DENTISTRY & ORAL MEDICINE & RADIOLOGY and make our department proud among CHETTINAD DENTAL COLLEGE.